

first name:

surname:

tel no:

e-mail:



Enhancing the Lives of Animals Through Ethical Decisions

Save the Animals & Win !

Your R20 donation includes a FREE beaded animal keyring & vegan starter guide *

I saved the animals

choose an animal NOT to eat for a week

chickens [] chicks (eggs) [] pigs [] cows [] calves (dairy) [] lambs [] fish []

all animals (vegetarian) [] all animals, dairy and eggs (vegan) []

question:

what is the duration of the veg pledge ?

for 1 week: from: to: signature:

- 1st prize: bed & breakfast for two at Monkey Valley Resort +2721 789 1391
2nd prize: a hamper of Trevarno organic beauty products from www.Faithful-to-Nature.co.za
3rd prize: bed & breakfast for two at Bergzicht Guesthouse +2721 423 8513

please complete your veg pledge before 4 October 2008 to be eligible to claim your prize send us a copy of your successfully completed veg pledge and keep a copy for your records the draw will take place at the elated table on 4 October 2008 in honour of World Farm Animals Day * Guide to Cruelty-Free Eating kindly sponsored by Vegan Outreach

for more information please visit www.elated.co.za



Animal Rights Africa